

# Handcycling Events Programme for 2009

Date	Organisation	Location	Event, information	Contact
<b>March</b>				
6	EHC	Al Ain (UAE)	Road race	
7	EHC	Al Ain (UAE)	Time trial	
8	EHC	Al Ain (UAE)	criterium	
8		Llanelli	Half-marathon 13.1 miles	<a href="http://www.halfmarathon.org.uk">www.halfmarathon.org.uk</a>
15		Stafford	Half-marathon 13.1 miles	<a href="http://www.staffordbc.gov.uk/halfmarathon">www.staffordbc.gov.uk/halfmarathon</a>
<b>April</b>				
4/5	HandcyclingUK	Stoke Mandeville	Training weekend	<a href="mailto:mlhandcycling@dsl.pipex.com">mlhandcycling@dsl.pipex.com</a>
11	EHC	Rosenau, France	Road race	
<b>May</b>				
9		Bealach Beag, Scotland	44 miles	<a href="http://www.handsonevent.co.uk">www.handsonevent.co.uk</a>
9		Keswick to Barrow	40 miles	
10	BHPC	Reading	40 minutes plus 1 lap, 11.00	<a href="http://www.bhpc.org.uk">www.bhpc.org.uk</a>
10		Fred Whitton Challenge	long!	<a href="mailto:alangrace@btinternet.com">alangrace@btinternet.com</a>
16		Perthshire Cycling Fest		<a href="mailto:karen@inspireandimpact.com">karen@inspireandimpact.com</a>
17		Stoke-on-Trent	Douglas McMillan Hospice ride	<a href="mailto:marcus.asbury@ntlworld.com">marcus.asbury@ntlworld.com</a>
23/24	BHPC	Quennervais, Jersey	40 minutes plus 1 lap, 11.00	<a href="http://www.bhpc.org.uk">www.bhpc.org.uk</a>
24		Isle of Wight	Charity ride, 63.2 miles	<a href="mailto:r.morey@i-c-c-r.co.uk">r.morey@i-c-c-r.co.uk</a>
31		Skye Beag, Scotland	49 miles	<a href="http://www.handsonevent.co.uk">www.handsonevent.co.uk</a>
<b>June</b>				
6/7	HandcyclingUK	Stoke Mandeville	Training weekend	<a href="mailto:mlhandcycling@dial.pipex.com">mlhandcycling@dial.pipex.com</a>
7	Wheelpower	Aylesbury	Tour de Vale, 15, 30, or 50 miles	
7	British Cycling	Salt Ayre, Lancs	National series race 1	<a href="http://www.britishcycling.org.uk">www.britishcycling.org.uk</a>
11	EHC	Oensingen, Switzerland	Road race	
12	EHC	Oensingen, Switzerland	Time trial	
13	BHPC	Fowlmead, Kent	Race 1, 11.00	<a href="http://www.bhpc.org.uk">www.bhpc.org.uk</a>
14	BHPC	Fowlmead, Kent	Race 2, 11.00	<a href="http://www.bhpc.org.uk">www.bhpc.org.uk</a>
28	British Cycling	Ashbourne Derbys	National series race 2	<a href="http://www.britishcycling.org.uk">www.britishcycling.org.uk</a>

## July

11	BHPC	Salt Ayre, Lancs	40 minutes plus 1 lap, 11.00	<a href="http://www.bhpc.org.uk">www.bhpc.org.uk</a>
12	BHPC	Preston, Lancs	40 minutes plus 1 lap, 11.00	<a href="http://www.bhpc.org.uk">www.bhpc.org.uk</a>
12	British Cycling	Castle Combe, Wilts	National series race 3	
18	HandcyclingUK	Fowlmead, Kent	National Handcycling Championship	<a href="http://www.riderhq.com/">www.riderhq.com/</a>
18	British Cycling	Fowlmead, Kent	National series race 4	<a href="http://www.britishcycling.org.uk">www.britishcycling.org.uk</a>
19	British Cycling	Fowlmead, Kent	National disability time-trial championship	<a href="http://www.britishcycling.org.uk">www.britishcycling.org.uk</a>
26	BHPC	Darley Moor, Derbys	40 minutes plus 1 lap, 11.00	<a href="http://www.bhpc.org.uk">www.bhpc.org.uk</a>

## August

9	BHPC	Scunthorpe	40 minutes plus 1 lap, 11.00	<a href="http://www.bhpc.org.uk">www.bhpc.org.uk</a>
22	BHPC	Lichfield	40 minutes plus 1 lap, 11.00	<a href="http://www.bhpc.org.uk">www.bhpc.org.uk</a>

## September

6	BHPC	Hillingdon, W. London	40 minutes plus 1 lap, 11.00	<a href="http://www.bhpc.org.uk">www.bhpc.org.uk</a>
6	British Cycling	Warwick	Town centre criterium	<a href="http://www.britishcycling.org.uk">www.britishcycling.org.uk</a>
6		Brampton, Carlisle	Cumberland Challenge, 55 or 110 miles	
12/13	HandcyclingUK	Stoke Mandeville	Training weekend	<a href="mailto:mlhandcycling@dial.pipex.com">mlhandcycling@dial.pipex.com</a>
26	British Cycling	Hillingdon, W. London	National series race 6	<a href="http://www.britishcycling.org.uk">www.britishcycling.org.uk</a>
27		Ullapool Beag, Scotland	65 miles	<a href="http://www.handsonevent.co.uk">www.handsonevent.co.uk</a>

## October

4	BHPC	Hog Hill, E. London	40 minutes plus 1 lap, 11.00	<a href="http://www.bhpc.org.uk">www.bhpc.org.uk</a>
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